# EQ.UITY WORKS Employment Legal Consultants

# **COURSE OUTLINE**

### **MANAGERIAL & LEADERSHIP ONLINE TRAINING**



Drawing from over 30 years of real-life experiences, this course was born out of the recognition that managers frequently struggle with the intricacies of day-to-day team management.

Many find themselves ill-equipped to handle challenging conversations or address performance issues effectively, often fearing conflict or potential damage to relationships.

This led to the development of a program aimed at empowering managers and leaders to navigate any team-related situation with confidence and skill - whether it involves formal or informal discussions, discipline or performance issues, or even conflict.

#### **Discipline and Poor Performance Management**

Explore the nature of the employment relationship and the legal frameworks governing it. Understand fairness within the workplace and learn strategies for nurturing staff compliance with internal rules and performance standards.

#### How to Get Your Team to Work for (With) You

Introduce different management styles and techniques for motivating, delegating, and leading teams effectively. Learn to provide constructive feedback, navigate difficult conversations objectively, and harness emotional intelligence in management practices.

#### Enhancing Your EQ

Gain insights into emotional intelligence (EQ) and its significance in daily management. Learn to recognize and manage emotions, foster stronger interpersonal relationships, and integrate EQ principles into leadership experiences for enhanced effectiveness.

#### **Conflict Resolution**

Understand the nature and causes of conflicts, exploring the psychology behind them. Learn basic principles of management mediation, establish agreements for behavioral improvement, and implement follow-up strategies for maintaining harmonious team dynamics.

#### Leadership Training

Define your leadership identity, explore various leadership styles, and align actions with core values. Foster collaboration, co-creation, and cooperation within your team while documenting your leadership journey for ongoing growth and development.

#### Harassment and Bullying

Unpack the Code of Good Practice on the Prevention and Elimination of Harassment. Identify different forms of harassment, including racial and sexual harassment, and learn strategies for addressing and preventing such behaviors in the workplace.

Our sessions are centered on practical, experience-based learning, emphasizing dialogue and active participation. Rather than traditional classroom-style lectures, they are interactive sessions featuring case studies and examples drawn directly from managers' own experiences. Each session includes a workbook for documenting case studies and exercises, providing a hands-on approach to learning. At the conclusion of the course, a model answer is provided for reference.

The course is an online course, web-based and self-driven. Users obtain login details and on completion of the course, delegates receive a certificate of completion.

### Feedback on the course:

"The course is absolutely perfect in terms of developing leadership skills regardless if you have been in a managing role for years, or just starting out.

It was very easy and simple to navigate. Did not struggle once. I love the fact that you can also see your progress in the course. "

## PRICING

Cost per module - USD 199 Total for all six modules - USD 999

Elective: Follow-up group coaching session - USD 199 per hour Individual Coaching session - USD 175 per hour